



NOVA HOUSE CARE HOME

Seaford, East Sussex



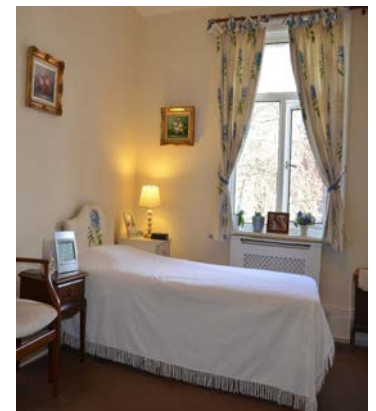


Where 'home from home' makes us different

For most of our lives we enjoy the security, privacy, independence and comfort that comes from living in our own homes. But we may reach a time when we need to look for support and care from others. At Nova House we offer you a safe and friendly environment where trained staff are ready to assist you 24 hours a day, to enable you to enhance and enjoy your quality of life. Nova House is dedicated to creating a supportive community of people who care about you, offering independence and dignity, privacy and freedom.

Nova House is a detached Edwardian property, situated in one of Seaford's prestigious locations. It is close to local shops and facilities, whilst also being well-placed for the bus route, the town centre and railway station. Our safe, centralised position verges on the East Sussex Downs and provides a family atmosphere and a wide range of opportunities for our clients. We provide 25 bedrooms, most of which are en-suite, enabling the home to care for up to 26 residents, up to nine of which, with Dementia. Our care home is a unique residence geared to maintain the dignity and self-respect of our residents through our qualified and friendly staff, homely atmosphere and highly equipped premises.

“ I spend much of my time
enjoying the beautiful gardens,
especially during the summer ”





Superb setting and environment

Residents at Nova House have plenty of opportunity to spend time outdoors. The gardens and grounds of the home have pleasant seating areas which offer both seclusion and privacy.

The enclosed front garden offers tended lawns, whilst the central courtyard garden offers a comfortable decking area, a wild border garden to encourage wildlife, and all with adequate provision for comfortable outside relaxation.

We have a gardener who keeps the grounds looking bright and colourful.

“I have all the support I need,
but also the space and freedom
to feel independent ”

High levels of care and service

Providing exceptional standards of care is extremely important to us at Nova House. Our qualified Carers and care assistants work under the supervision of our dedicated management team, and provide 24-hour support according to each resident's individual care needs.

We offer a range of Healthcare Diploma's and send staff on extra courses, study days, and have dedicated online facilities, all of which reflect our commitment to training and development. Staffing levels are above the required statutory levels and include managerial, administrative, catering, housekeeping, and care staff. Each shift is led by a Senior Healthcare Assistant and a member of the Management Team is available on-site six days a week. Nova House is part of a care group that has been voted one of YMCA Training's Super Employers of the Year for staff training and career development in the Healthcare Sector.

Support and friendship

We aim to provide a total care package for elderly people, offering privacy, dignity, individuality, companionship and many extra comforts. The home provides for twenty six residential places and respite or short term stays can be arranged upon request. We work very hard to avoid creating an institutional atmosphere, and therefore considerable flexibility and informality are incorporated to meet the needs of each resident. We want Nova House to feel like a home away from home.





Relax in spacious, comfortable rooms

Our 24 single and one double bedroom have all been tastefully decorated to a very high standard, with individual colour schemes and elegant furnishings. We have renewed heating technology, hydraulically assisted baths and a 24-hour nurse call system and for carers to assist when required. They also have smoke detectors, telephone points, remote-controlled televisions, and thermostatic radiators. Most of our rooms are en-suite and also have views out onto the gardens. We encourage residents to personalise their rooms with their own belongings, including pictures and small items of furniture.

Sociable areas

Residents can choose to relax or socialise in our homely communal areas including the main Drawing Room, our lovely bungalow lounge and corner sun-room. We know how important it is to keep in touch with friends and family, so visitors are welcome to join residents in any of our activities. They can also join us for meals in the dining room. We maintain our own library of books, which is regularly updated via the local library, and also television, DVD, video, music and game facilities. Also internet access facilities are available.

“It’s all about making
you feel at home”



Enjoy fine and healthy cuisine from our daily menu

Meals are an important part of the day at Nova House and our Chef offers a wide range of balanced, wholesome dishes on our daily menu, made using only the finest ingredients and prepared using only the freshest produce. Breakfast is served at the resident's preferred timings, and even available in their rooms, if required. Early risers will be provided with a cup of tea or coffee until breakfast is prepared. We find that if people start the day well by getting up when they want too, generally their subsequent demeanour throughout the day is improved.

Lunch is the main meal of the day, whilst the evening meal is lighter. All of our menus are nutritionally checked, and we cater for all tastes and diets. The dining room provides a comfortable surroundings for meals and at other times provide quiet areas to sit and relax.

Our large drawing room, lounge and sun-room provide a homely atmosphere for those wishing to chat and mix with other people. Television, radio and music are available when required. Of course, residents are also welcome to dine in the comfort of their own room if they prefer. A choice of coffee or tea is provided mid-morning, afternoon, and evening. Additional drinks and snacks are provided, if required. Home-made cakes and biscuits are made by our chef everyday.



Interesting daily activities

Our activities co-ordinator ensures there is always something going on that's enjoyable and stimulating to do. We spend time with each resident soon after they arrive, to find out what they like doing, and we offer activities to suit all interests and levels of mobility – everything from day trips to a farm or simply card games, exercise groups and poetry readings. Performers frequently visit the home, as does a Hairdresser and Chiropodist. Magazines, newspapers and periodicals are also provided and we also encourage residents to pursue their own hobbies. Our detailed pre-assessment forms and integral part of the admission process and allows us to build an accurate picture of your care needs, preferences and choices. Giving choice to our residents is important to us so our numerous lounges can offer activity and chat, or peace and relaxation.

“ My mother has a very active life
and is always trying something new ”





Nona House
Nestled in the heart of the
Dorset Coast
WATFORD HOUSE

Types of stay

At Nova House, we treat every resident as an individual. For this reason, we offer several types of stay depending on the level of support required – from long-term care for those who need ongoing care, to 'respite' care for a short period if vacancies permit. We also specialize in caring for people suffering from Dementia & Alzheimer's Disease.

Residents will have the opportunity of a one month trial before deciding on any longer term stay. Of course, this will work both ways as we want to ensure that we can favourably meet the resident's needs.

Fees and information

Our care fees are fully inclusive and competitively priced and vary depending on the level of care, type of accommodation and length of stay a resident requires. Prices cover single and double private rooms, full board and 24-hour care. Extra charges are for miscellaneous items such as hairdressing, chiropody, newspapers, etc. Our home manager can provide the full details and cost of any extra services we offer and information about the terms of the resident's stay. They can also explain the formal procedure for making suggestions and complaints, and provide our latest inspection report, undertaken by an independent regulator, and the home's statement of purpose, detailing the summary of services and facilities offered.



How to find us

Please feel free to come and visit Nova House at any time, or contact our home manager on 01323 896 629 who will be happy to answer any questions.

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